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AIRO2022

Radioterapia di precisione per un'oncologia innovativa e sostenibile

BOLOGNA, 25-27 NOVEMBRE
PALAZZO DEI CONGRESSI



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PRELIMINARY REPORT OF TOXICITY AND QUALITY OF LIFE OF THE FIRST 100 PATIENTS TREATED WITH 1.5T MR-GUIDED STEREOTACTIC BODY RADIOTHERAPY FOR PROSTATE CANCER



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DICHIARAZIONE

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Come da nuova regolamentazione della Commissione Nazionale per la Formazione Continua del Ministero della Salute, è richiesta la trasparenza delle fonti di finanziamento e dei rapporti con soggetti portatori di interessi commerciali in campo sanitario.

- Posizione di dipendente in aziende con interessi commerciali in campo sanitario (**NIENTE DA DICHIARARE**)
- Consulenza ad aziende con interessi commerciali in campo sanitario (**NIENTE DA DICHIARARE**)
- Fondi per la ricerca da aziende con interessi commerciali in campo sanitario (**NIENTE DA DICHIARARE**)
- Partecipazione ad Advisory Board (**NIENTE DA DICHIARARE**)
- Titolarità di brevetti in compartecipazione ad aziende con interessi commerciali in campo sanitario (**NIENTE DA DICHIARARE**)
- Partecipazioni azionarie in aziende con interessi commerciali in campo sanitario (**NIENTE DA DICHIARARE**)



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In the present series we report preliminary acute and late toxicity of the first 100 patients who received 1.5T MR-guided daily-adaptive stereotactic body radiotherapy for prostate cancer.

Characteristic	Value
Age	71 years (range, 52-84)
Risk Group	
<i>Low Risk</i>	34
<i>Intermediate Risk (Favourable/Unfavourable)</i>	60 (29/31)
<i>High Risk</i>	2
<i>M1 low-volume</i>	4
RT Schedule	35 Gy/5 fx (n=55); 36,25 Gy/5 fx (n=45)
Daily vs Alternate Days	75/25
Hydrogel Spacer (y/n)	37/63
Androgen Deprivation Therapy (y/n)	32/68
ATP vs ATS	20/480
Treatment Time	40 minutes (33-83)

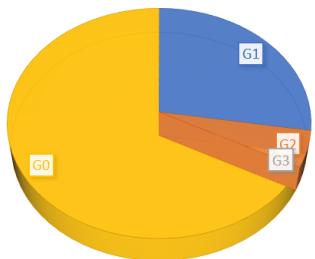
We report the outcomes of the first 100 patients treated from October 2019 to December 2020. All the patients were enrolled in a prospective study. Before the treatment, the insertion of the rectal spacer was proposed as optional and applied in 37 patients.

Table 1: Patients' characteristics

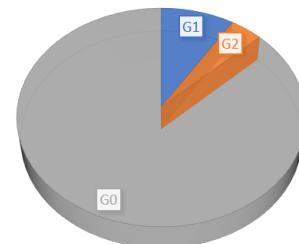


Toxicity was prospectively collected and assessed using Common Terminology Criteria for Adverse Events (CTCAE v5.0).

ACUTE GU TOXICITY

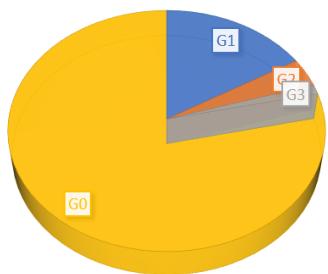


ACUTE GI TOXICITY

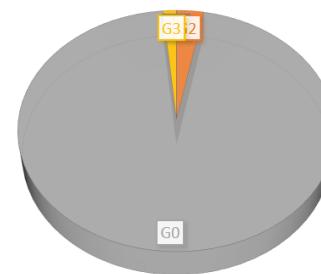


Acute toxicity rates were as follows: 5 acute G2 genitourinary tract pain events, and two cases of urethral stenosis requiring catheterization fully resolved within the first follow-up. For gastrointestinal toxicity, only 4 cases of G2 events (rectal tenesmus or proctitis) were observed.

LATE GU TOXICITY



LATE GI TOXICITY

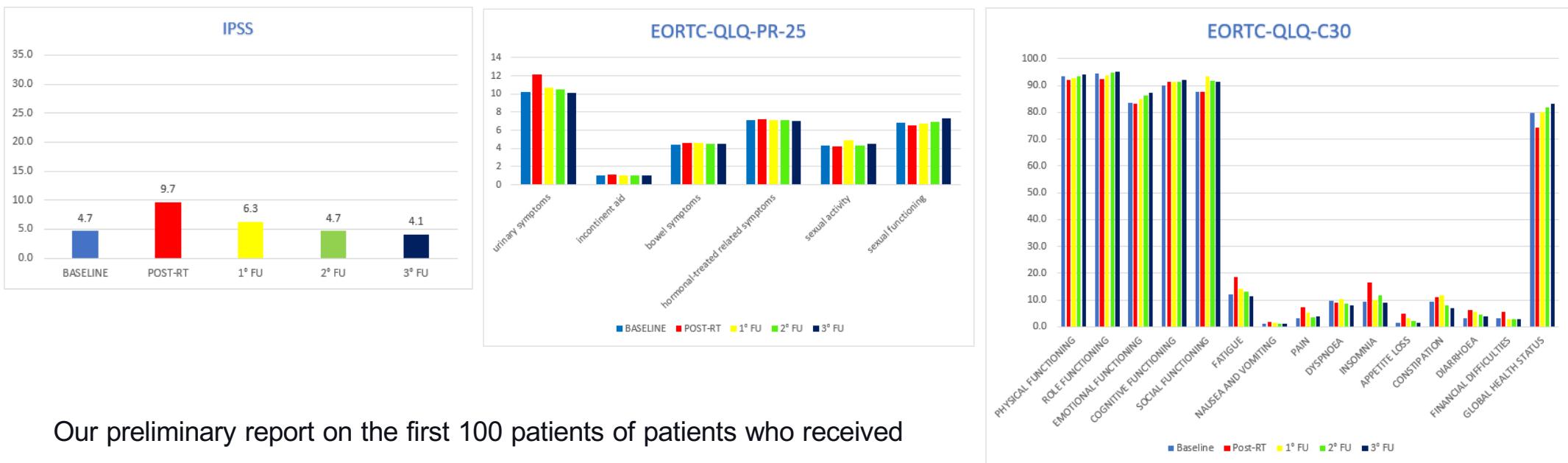


With a median follow-up of 12 months (range, 3-20 months), for late events, we have recorded 3 late G2 GU events (urinary tract pain) and one G3 GU event for a patient who received a TURP 8 months after radiotherapy. For late GI events, we have recorded 3 G \geq 2 GI proctitis.





Quality of life was assessed using IPSS, ICIQ-SF, IIEF-5, EORTC QLQ-C30, QLQ-PR25 and EPIC-26 questionnaires.



Our preliminary report on the first 100 patients of patients who received 1.5T MR-guided daily-adaptive SBRT for prostate cancer reports excellent results in terms of acute toxicity, and minimal impact on QoL.